

Profile Hanna Ruddies

Year of Birth: 1990

What matters to me:

- Authenticity, Expansion and Consciousness
- To develop connections and processes that are based on honesty and trust
- To host people on their individual journeys towards their pure essence
- To bring joy and easiness into the depth of every being



Education

- BSc in International Business, Hochschule für Technik und Wirtschaft Berlin
- Executive Certificate in Design Thinking & Leadership, DSIL Thailand & Cambodia
- Moderator, Space Holder and Coaching Training in Indonesia, Bali

Professional Experience

- Start-Up Coach, Strategy Consultant and Lead for International Communication, Impact Hub (Global Network for Social Enterprises)
- Consultancy and Trainings for
 - Integrative Organizational Structures
 - Design Thinking
 - Innovation
- Personal Development Coach
- Self-employed since 2018

Main Focuses

- Organisational development
- Intercultural communication
- cross-generational leadership
- International team development
- Innovation within companies
- Design Thinking
- Intra-/Entrepreneurship
- Moderation of workshops
- Coaching and seminars:
 - Self-awareness and personal development
 - Virtual leadership and communication
 - Meeting and facilitation skills (classic and modern)
 - Presentation skills
 - Stress management and consciousness

Experience In

- Social entrepreneurship
- Non-Government Organisations
- Foundations
- Hotel and food industry
- Health services
- Social services
- Textile industry
- Recruitment

Additional Qualifications

- International Coaching & Training

I achieve through my work:

- Through open dialogues, I create a safe space in which everyone can openly share and find complete expression.
- Through integrative processes, I strengthen the level of self-confidence of all employees.
- Through creative challenges, I encourage people to step and grow beyond their fears and boundaries.
- Through a variety of communication tools, I initiate new thoughts and create a deep feeling of "US" within a team.